



Chanhassen JV Meet

Monday, May 8th, 2023

3:30pm (Field) and 4:00pm (Track)

Chanhassen High School

Thank you to our team sponsors:



MEET INFORMATION

Teams: Chanhassen, Bloomington Jefferson, Chaska, New Prague, and Waconia

Location: Chanhassen High School, 2200 Lyman Blvd., Chanhassen 55317

Admission: Admission will not be charged.

Coaches Meeting: We will host a short coaches meeting at 3:45pm at the finish line.

Team Area: All camps will be outside the track fence on the grassy hill or under the visitor's bleachers. We would like a clean infield so please assist us in keeping your athletes out of the infield during the course of the meet. Athletes will be allowed to warm-up for their track events on the infield. Please replace any hurdles that are moved.

Blocks and Batons: Blocks will be provided. Each team will provide their own baton.

Scoring: Scoring: 5 - 3 - 2 - 1. At the conclusion of the meet, the team winner will be announced over the PA system.

Concessions and Restrooms: Concessions will **NOT** be available. Restrooms and drinking fountains are all available at the top of the hill near the track entrance. There are also three porta-potties between the track and throws area.

Entrant Limits: This is an open meet but with the large event size, we are requesting that you be mindful with entries for the 100m dash and 200m dash.

Timing & Scoring: Entries and FAT timing by Wayzata Results. **Meet entries are due by Sunday, May 7th at 12:00pm (noon).** Wayzata Results will assign heats/lanes for each event and this information will be emailed out prior to the meet. Live results will be posted on www.wayzatarresults.com as well as emailed out by Wayzata Results after the meet.

Exchange Zone Workers:

4x200

Zone 1 (Red): Chanhassen

Zone 2 (Red): Waconia/Chaska

Zone 3 (Yellow): Jefferson/New Prague

4x100

Zone 1 (Yellow): Waconia/Chaska

Zone 2 (Yellow): Jefferson/New Prague

Zone 3 (Yellow): Chanhassen

FIELD EVENTS

2:45-3:25	Pits Open for Warm-Ups	
3:30	Girls High Jump, Boys to follow	Starting Height: 3'10" for girls, 4'10" for boys
	Boys Pole Vault, Girls to follow	Starting Height: 7" for boys, 6" for girls
3:30-5:00	Girls Long Jump	4 Jumps - No Finals - Cafeteria Style
	Boys Triple Jump	4 Jumps - No Finals - Cafeteria Style
	Girls Shot Put	4 Throws - No Finals - Cafeteria Style
	Boys Discus	4 Throws - No Finals - Cafeteria Style
5:00-5:15	Pits Open for Warm-Ups	
5:15-6:45	Boys Long Jump	4 Jumps - No Finals - Cafeteria Style
	Girls Triple Jump	4 Jumps - No Finals - Cafeteria Style
	Boys Shot Put	4 Throws - No Finals - Cafeteria Style
	Girls Discus	4 Throws - No Finals - Cafeteria Style

TRACK EVENTS

(Girls will run first, followed by boys)

4:00	4x800m Relay (Will be run together)	1-Turn stagger - Green start line Exchanges → Green - Green - Green
	100m Hurdles	Yellow hash marks
	110m Hurdles	Blue hash marks
	100m Dash	
	4x200m Relay	4-Turn Stagger - Red start line Exchanges → Red - Red - Yellow
	1600m Run	Waterfall or Alley start - Meet official will determine
	4x100m Dash	2-Turn stagger - White start line Exchanges → Yellow - Yellow - Yellow
	400m Dash	2-Turn stagger - White start line
	300m IM Hurdles	Red hash marks
	800m Run	1-Turn Stagger - Green start line Cut after the first turn at the green break line
	200m Dash	
	3200m Run (Will be run together)	Waterfall or Alley start - Meet official will determine
	4x400m Relay	3-Turn Stagger - Blue start line 2nd runner cuts after the first turn at the green break line Exchanges → Blue - Green - Green