

**SECTION 6AA Track and Field 2023**  
**from Bob O'Hara Meet Mgr.**

Coaches-please read this document and share with your entire coaching staff.

**YOU** as the administrator of your program are **responsible** for accurate meet entries.

**YOU** need to coordinate with your staff what athletes are in each event before you make your entries. Once made they are FINAL.

SPELLING OF NAMES is critical. Make sure you have accurate spelling.  
The timing company and O'Hara are not responsible for spelling of names.  
The drop down menu was provided by your school, hopefully they are correct.

**Remember** that once entered an athlete MUST compete in ALL events and failure to do will DISQUALIFY the athlete from ALL event entered. This would include loss of any team points earned and any medals won. Not all athletes can successfully compete in the maximum number of events like they do during the season.

**RELAYS**—you may enter a total of eight (8) runners and declare the 4 running the day of the meet with your relay card. ALL names listed MUST have an eligible event remaining. You really need to think ahead about your relay entry and who should be on your team. There are NO substitutions.

If your relay advances you are allowed to change your relay participants for the State Meet.

Each year we have a number of no shows because the coach FAILED to confer with the athlete before entering their name. A no show removes the athlete for the entire meet. **Get confirmation from your athletes that** they will be coming to the meet BEFORE you enter them.

Entry information will be e-mailed to you and your AD from the MSHSL.

Our timing company is Hero's timing. Ryan McCrady and crew will have multiple cameras for accurate timing. They are also responsible for sending all of the results to the MSHSL for the State Meet program and seeding of heats.

**PLEASE have your entries completed by Friday night May 26 or before 1:00 p.m on Saturday May 27**

**Open heights for high jump and pole vault are being worked out.  
Will have them soon.**