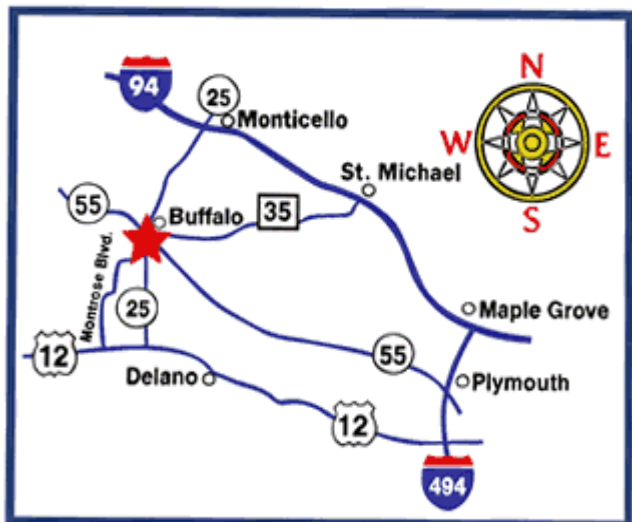


Buffalo Bison Cross Country Invitational September 22, 2022 Buffalo Heights Golf Course



Dear Athletic Directors and Cross Country Coaches,

Buffalo High School will host the 46th Annual Buffalo High School Invitational Cross Country Meet on Thursday, September 22, 2022. The event will be held at the Buffalo Heights Golf Course. It is located on Highway 25 south of Buffalo. We would **appreciate your cooperation in staying off the greens and tee boxes and that people should not bring their pets.** Please share with your athletes to be respectful of the property. Thanks.

Entry fees: \$200.00 - both boys and girls teams

Gopher State Events (GSE) has been hired to handle meet registration, timing and scoring. At least two weeks prior to the meet please send an email to bob@gsetiming.com simply stating your school's name and the gender(s) that you coach. This will ensure that your team has been programmed in the system and GSE has your correct email address on file. Shortly thereafter, you will receive an email from GSE with specific instructions detailing registration procedures.

Portable restrooms are ordered for the event. Please communicate with athletes that clubhouse and restaurant bathrooms are off limits.

Concessions will also be available outside under the balcony. (Bison Cross Country Boosters)

The balcony area is off limits to athletes and spectators.

Awards: Medals to top 15 finishers of both JV and Varsity. Ribbons for Middle School finishers.

We will have an Award Ceremony as soon as possible following the results of the last race.

Directions to Buffalo Heights Golf Course:

From the North: Follow Hwy 25 South through Buffalo. Buffalo Heights will be on your right.

From the South: Between Delano and Montrose, take Highway 25 north, the Golf Course will be on your left as you enter Buffalo.

From the East: Take Highway 55 West. East of Buffalo turn left on County Road 147 to Highway 25. Turn left on Settlers Parkway and proceed to the course.

Parking:

It is a challenge with space available. Bus Drivers will be asked to drop off teams and then move to the Zion Lutheran Church North parking lot....located on Highway 25 South of the Golf Course.

Trainer:

Our trainer will be on duty for injured runners.

Race Schedule and Lane Assignments are on this back page

Good luck and good running. We hope you enjoy the meet.
Coaches: Dave Knutsen, Amber Sedbrook, Andrea Carlson, and Alicia Berkenes
Bison Cross Country Coaches

Buffalo Cross Country Invite Schedule

4:00pm	7& 8th Junior High Boys (approx. 3000 Meters)
4:10pm	7& 8th Junior High Girls (approx. 3000 Meters)
4:30pm	Varsity Boys (5000 Meters)
4:55pm	Varsity Girls (5000 Meters)
5:25pm	Junior Varsity Boys (5000 Meters)
5:45pm	Junior Varsity Girls (5000 Meters)
6:15pm	Awards

<u>Lane #</u>	<u>Team</u>	<u>Lane #</u>	<u>Team</u>
1.	STMA	8.	St. Francis
2.	Sartell	9.	Shakopee
3.	Buffalo	10.	Becker
4.	Monticello	11.	Delano
5.	Minnetonka - Girls Only	12.	Orono
6.	Rogers	13.	Prior Lake - Boys Only
7.	Waconia	14.	Providence Academy