

## Section 2AAA Meet Information 2023

The Section 2AAA Track and Field Meet will be held at Eden Prairie High School starting at 2:30 for field events and 3:45 p.m. for running events on Tuesday May 30, and 2:30 p.m. for field events and 2:45 p.m. for running events on Thursday June 1, 2023.

This is an advancement meet to determine entries in the 2023 MSHSL State Track and Field Meet. Top two in each individual event and top two relays advance. Individuals and relays may advance on standard.

Schools entered; Bloomington Jefferson, Chanhassen, Chaska, Eden Prairie, Minnetonka, Prior Lake, Shakopee and Waconia.

Entries: Each team is allowed one entry in relays and three entries in individual events. You must declare your relay team members. Each relay team member will have that relay count as one of their individual events.

Entries through *athletic.net* are due Saturday May 27, 2023 by 1:00 p.m. The MSHSL is sending all entry procedures to the Coaches and AD's. They are pretty rigid on the process so be fully prepared with your input from your asst. coaches as to what athletes in what event. The individual entering your athletes needs to be familiar with the process.

Final scratches may be made at the coaches meeting to be held at the finish line at Eden Prairie High School, beginning at 2:00 p.m. on May 30, 2023. Scratches the day of the meet are a scratch in all events for that athlete. See me if you are considering scratching any relay.

Trainer will be available each day near the finish line area.

Warm-ups are allowed on the east side of the infield for athletes after they check in. Otherwise, all warmups are to be done on Turf B which is adjacent to the stadium on the north end. (scoreboard end)

Rest Room Facilities: portable toilets at the facility

Pole Vault Verification forms are required. Be sure the form is properly signed and dated. They must be turned into the event judge the day of competition. Get the form of the MSHSL website

Spikes: 1/4" pyramids or less. No pins. Throwing circles are concrete. Athletes using illegal spikes will be disqualified. Spikes will be checked.

Uniform rules will be enforced. Check your athletes so they are legal. This way they will not have any issues at the meet.

Spectators are not allowed on the infield or in the area near the F.A.T. operators.

High jump and pole vault areas are only for competitors and their coach. Once they are eliminated from the event, they must exit to the team camps. We will provide spectator seating on tip and roll bleachers near the HJ and PV areas.

Runners must report to the Clerk of Course at the north end of the track/end zone no later than 15 minutes prior to their scheduled event. (Look for the red tent on the scoreboard end of the turf field inside the track)

Preferred lanes: races on curves 4-5-3-6-2-7-1-8-9, races on straight-aways 5-4-6-3-7-2-8-1-9.

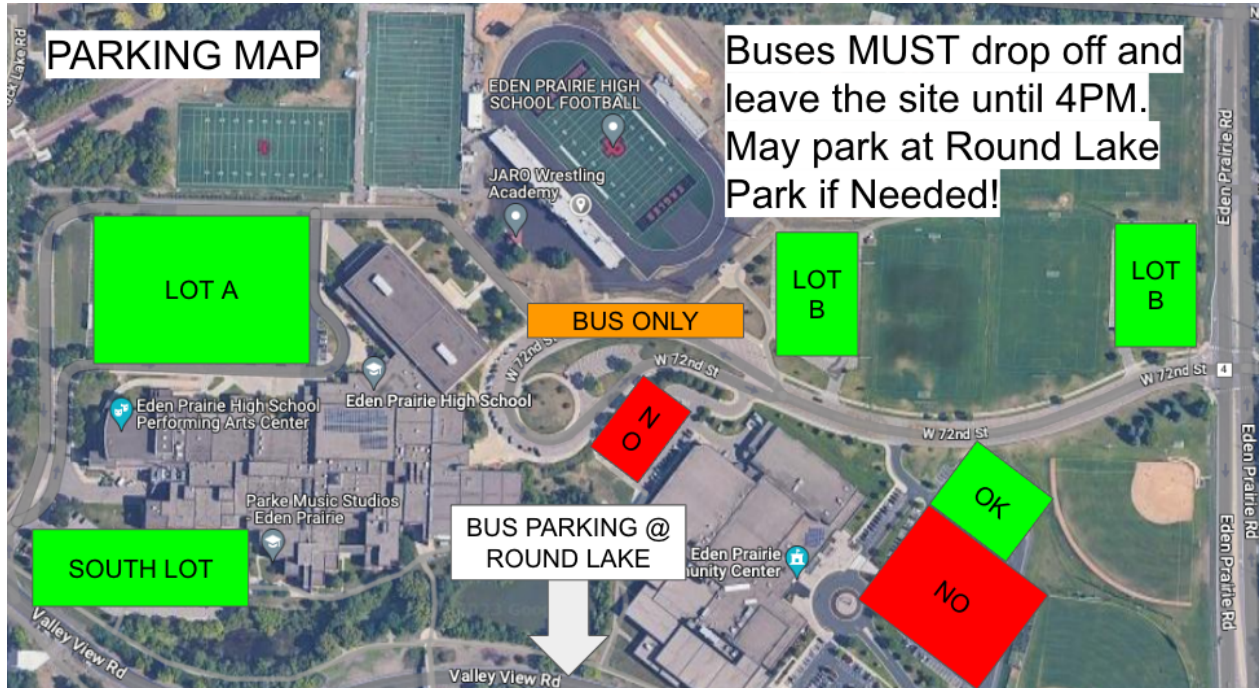
The starting heights for the high jump and pole vault will be one height below the tenth best height. With an adjustment for reaching the standard on a normal progression. High Jump progression is two inches a height, until three are left, then it is one inch. Pole vault progression is six inches a height, until three are left, then it is three inches a height. Remember this is an advancement meet, not a participation meet.

Relay cards must be submitted to the clerk prior to the relay, 8 names may be listed. Please check the names of those who compete. You may make changes after the meet if your relay advances to state. Substitutions are allowed in relays that are going to state.

Appeals forms will be available at each day's coach's meetings. Completed forms must be given to the meet referee to begin the process of appeal.

#### Arrival/Bus Drop Off & Parking

- Buses will be directed to drop off on the East Side of EPHS in the bus loop or via Student Lot B. It is recommended that buses arrive prior to 3pm as the bus loop will close for a brief period for Eden Prairie's dismissal and bus loading.
- Buses must unload then leave EPHS. Bus Parking is available at Round Lake Park until after 3:45pm.
- Be Advised that EPHS will be in session until 3:20PM - for security purposes, all indoor school facilities will be off limits to teams and spectators until 3:30PM.
- Parking will be tight until after school is dismissed. Coaches and athletes are encouraged to use bus transportation. Please encourage spectators to park in a school lot and avoid the Eden Prairie Community Center's parking lot. Violators may be ticketed at the owner's expense.

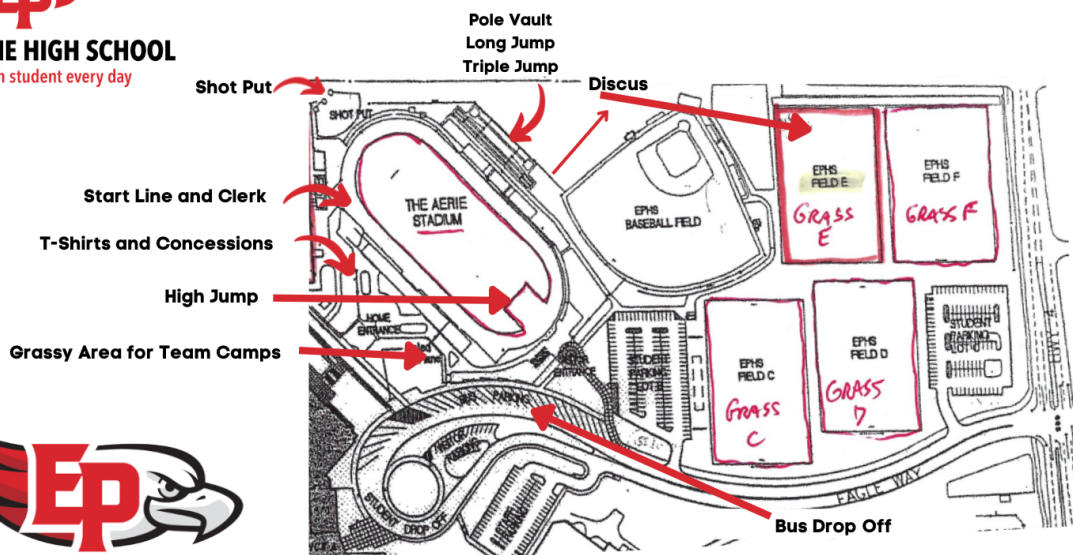


**Team Camps:**

- Team camps must be located outside the competition area. The grassy knoll south of the home bleachers near the concessions stand is the recommended area for team camps.
- **NO CAMPING ALLOWED near the jumps and pole vault area - this must remain clear and spectator-friendly.**
- In the event of inclement weather, the Activity Center will be made available for team camps.
- Please help make sure all camp areas are clean before leaving the site.



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**Trainer:**

- Our on-site trainers from TCO will be available in the South Garage near the finish line.

### **Accessibility Changing Areas:**

- A handicap changing area will be made available in the North Garage under the home side bleachers. Please check in with the meet manager prior to the start of the meet.

### **Admissions:**

- There will be an admission charge for all spectators. Tickets can be [purchased online](#) in advance or at the gate: \$10.00 for Adults, \$5.00 for students. Athletes must be wearing a school issued uniform in order to get in with no charge.
- Athletes must report to the clerk at least 15 minutes prior to their running event. Please have all four members of your relay report. The clerking area is located at the north end of the field or straight away.
- Field event athletes must check-in directly at their event site.

### **Clerking and Warm-Ups:**

- Please instruct your athletes to listen to the P.A. announcer for calls or report information. We will follow the time schedule unless inclement weather necessitates moving ahead.
- *A warm-up area will be provided on Turf B adjacent from the stadium.* Only athletes warming up are to use this designated area.
- Coaches are allowed on the infield only when moving from point A to point B. Please do not coach or meet with athletes/coaches on the infield. We want this area free and clear of spectators, athletes and coaches.

### **Other Items:**

- Please instruct your athletes that all electronic devices are strictly prohibited in the area of competition. Coaches may film their athletes but may only share the video outside the area of competition. Please be respectful of the areas directly surrounding each field event.
- Concessions will be available for the duration of the meet. Chick Fil A sandwiches will be for sale!
- Pole Vault may be moved indoors in the event of inclement weather.

### Field Event Information

1. Tape marks are not allowed on the runways in the long jump, triple jump and pole vault.
2. In the high jump only one tape mark is allowed per athlete.
3. Coaches and non-competitors must stay out of restricted field event areas.
4. Throwing implements will be checked at a table next to the clerks area.
5. Field event competitors must report on the first call. All must check in prior to the event starting.
6. Running events take preference over field events. Athletes must check out with the event judge and return ten minutes after their race ends.
7. Starting heights will be determined by meet officials, depending upon performances submitted, with adjustments to meet state qualifying standards.