



## CHS Indoor Meet 4/09/24

Myers Field House  
Minnesota State University  
135 Myers Field House  
Mankato, MN 56001

**Teams: Boys & Girls – Chaska, New Prague, Waconia**

**Entering Athletes:** Coaches must enter their athletes via Athletic.net no later than **Monday April 8th at noon**. The events will be seeded based on times that are entered online. If they have no time, feel free to enter times that you believe they may be able to run to help assist with getting proper heats created. *Please be mindful to only enter athletes you are reasonably certain will compete on the day to help streamline the heats/meet.*

**Entrant Limits:** This is (mostly) an unlimited entry meet (see note on Horizontals). Given the condensed number of events, however, you may want to restrict your athletes to two running events.

**Timing & Scoring:** Gopher State Events will be timing/scoring this meet. We will have a Clerk of Course & calls will be made for the athletes to report to receive instructions prior to their events. All races will be clerked near the start line of the event. Please ask your athletes to pay attention to what events are being run so they know when to check in.

**\*Important\*** Spikes will not be allowed in the fieldhouse for high school meets. Athletes may wear running flats or remove spikes from their shoes. If your team is wearing spikes there will be a \$1000 fine for your school to preserve the life of their new facility. Also, meets are not to last longer than 3 hours. No chalk and no duct tape to be used on runways. (athletic tape only)

**Admission:** MSU will charge a nominal entry fee for fans. The fee will be \$10 for adults, \$5 for students, and children under 4 will be admitted free. **Only cash or check will be accepted.**

**5:15 pm Coaches' and officials meeting (finish line).**

**Field Events - Begin at 5:30 pm - Unlimited entries per event per gender**

High Jump: Compete co-gender. Starting height: TBD

Pole Vault: Compete co-gender. Starting height: TBD **\*Please Note:** MSU standards have a min height of 7'. We're working on a possible "extension" method to lower this, but may have to start at 7'.

Shot Put: **3 throws** per athlete. **\*5:30 - 6:45 for GIRLS**

**\*\*6:45 - 8:15ish for BOYS** (may start earlier depending on when girls finish)

Horizontals: Due to the fact that MSU only has one pit available to jump into we need to restrict this to **FIVE (5) athletes per gender per team**. Even at that, it will be tight to get jumps in within the time frame so please advise athletes to be prompt with getting their jumps completed.

Long Jump: **3 jumps** per athlete. Cafeteria style. Both Genders 5:00-5:30 Open pits for warm up and run throughs. **5:30-7:15** to complete jumps. (Hard close at 7:15).

Triple Jump: **3 jumps** per athlete. Cafeteria style. Both Genders 7:15 Open pits for run throughs **7:30-8:15ish** to complete jumps.

**Running Events - Begin at 5:30 pm** (rolling schedule, girls first followed by boys)

**800 M:** unlimited entries

**60 HH:** unlimited entries

**200 M:** unlimited entries (2 turn stagger / white start line)

**1600 M:** unlimited entries

**400 M:** unlimited entries (2 turn stagger / white start line, cut line at 150 M)

**Schedule/Arrival:** Doors to Myers Fieldhouse will open at 5:00pm and the meet will start at 5:30pm. The doors will remain locked until this time. Do not arrive more than 30 minutes ahead of the facility opening time. All entrance to the facility will be through the main door, please do not try to use the small metal fire doors on the East side of the building.

**Parking:** Buses must park in Lot 21. Fans and parents must park in Lot 1. All MSU parking lots open after 6:30pm Monday through Thursday and after 4:00pm on Friday. **Prior to these times you will be ticketed in any lots other than Lot 1.** Attached is a parking map for reference.

